

Name: Erika Katrin Meyer | DOB: 3/29/1968 | MRN: 20002029698 | PCP: Thomas P. Warrington, MD

Visit notes

Progress Notes by Shaun Michael Burns at 03/12/21 1030

Behavioral Health Follow-Up Visit (Zoom Virtual Visit)

Visit # 2

Visit Length/Total face to face time w/pt: 30 minutes

Informed Consent: Informed consent completed at initial visit.

Chief Complaint

Patient presents with

- BHI Follow Up

Subjective:

Pt was referred to behavioral health by Thomas P. Warrington, MD to address

1. Delusional disorder (HCC)

"I think it is delusional that you can just diagnose someone with something without considering evidence and have such a tremendous impact on their lives."

Patient strengths: Pt is articulate and thoughtful.

Objective:

Mental Status Exam:

Thought process/Concentration: delusions

Speech: WNL

Appearance: alert, cooperative, agitated, upset, appears stated age and well-nourished

Mood/Affect: irritable; mood-congruent

Harm to self/others: Denies.

Judgment/Insight: delusions

1. Delusional disorder (HCC)

Assessment:

Erika Katrin Meyer is a 52 y.o., Unspecified female referred to behavioral health integration to address a suspected delusional disorder. Pt appears to have ongoing preoccupations with persecution by various entities and organizations and voiced distress about having the information she contends supports her beliefs discounted by various medical professionals.

Interventions performed include providing support, psychoeducation, and supportive psychotherapy. Pt responded well and expressed understanding.

Plan:

Pt set the following goals: continue discussion of persecutory belief system and associated distress.

Pt would benefit from ongoing behavioral health interventions to address presenting concerns. In addition, pt should continue to work with her PCP to address the presenting concerns.

Future Appointments

Date	Time	Provider	Department	Center
3/17/2021	1:30 PM	Shaun Michael Burns, PhD	CASBH	OR PORTLAND
6/1/2021	10:40 AM	Thomas Patrick Warrington, MD	CASCADEFM	OR PORTLAND

Recommendations to PCP/Care Team: Pt will continue to work with the writer.

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